

# How to Build a Dancing Pole

Home Made Dancing Pole for under \$100

## Dancing Pole Schematic

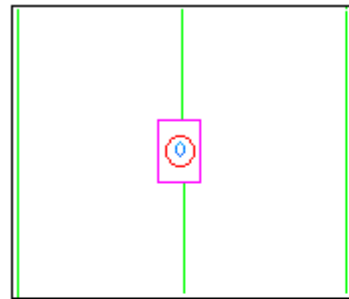


Figure 1 Bird's Eye View

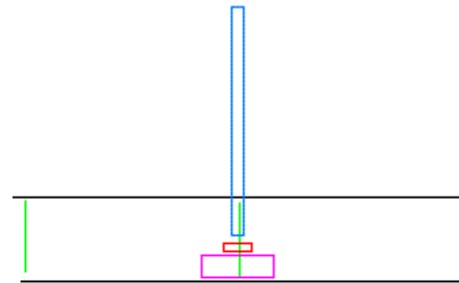


Figure 2 Side View

### Key

- Plywood lying flat —————
- 2"x6" standing so that it's 6" tall —————
- 2"x6" standing so that it's 2" tall —————
- Flange with bolts coming up through the bottom ————
- Steel plumbing pole with threading —————

## Dancing Pole Parts

- Go to your favorite hardware store
- Buy one steel plumbing pipe (for the pole) with threads on the bottom. It should be the height of your ceiling minus 5 inches and around 1 3/4 inches in diameter. They'll cut it for you at places like H. Depot. This will not be a shiny mirror color like some professional stripper poles.
- Get a flange to screw the pole into. A flange is a strong base piece that you can screw the pole into and then bolt down to the bottom

piece of wood.

- Get the four nuts, bolts, and washers to attach the flange to the bottom of the stripper pole base.
- Plywood usually comes in 4'x8', so get one of those and get them to cut it in half (again, they'll do that at H. Depot for you).
- Get 12' worth of 2"x6" board. Cut it into two 4' pieces, one 1' piece, and two 1 1/2' pieces.
- You'll want a drill with a bit the same size as the bolts for the flange.
- Get some 2 1/2" nails or whatever you have lying around. You might also want a hammer or your brother's head.
- If you want the pole to be more sturdy, get a bunch of bricks or flat-cinder-blocks to put in the base.

## Dancing Pole Assembly

- Drill 4 holes in the center of one of the plywood panels and the 1' piece of 2"x6" for the flange to get bolted onto.
- Bolt the flange onto the 1' 2"x6" and the plywood panel panel with the bolts coming up through the bottom, so that the nuts get tightened on to the flange, and put washers between the head of the bolt and the plywood to keep the bolts from pulling through the wood (see figure 2). From the bottom up the sandwich should look like this: heads of bolts, washers, bottom of plywood, 2"x6", flange, nuts, tails of bolts.
- Nail the two 4' long 2"x6" onto the bottom piece of plywood (the one with the flange attached). Put them at the edge of the plywood and on opposite sides.
- Nail the two 1 1/2' long 2"x6" in the middle of the plywood as in the figures. They should butt up against the 1' piece of 2"x6", although they are standing tall, and it is lying on its side.
- Now cut a hole in the exact center of the other piece of plywood the same diameter as the pole. You can do this with a special drill bit made to cut holes or you can just keep drilling holes in a circle till the middle falls out.
- Finally, nail the top piece of plywood with the hole in it onto the 2"x6" so that it matches up over the bottom plywood.
- Screw the pole into the flange.
- Put the bricks into the openings on the side to weigh down the base. The farther towards the edge the bricks are the better leverage they'll get to weigh down the base.